

KNIGHTS NEWS



Date of Issue – May 2015

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2015 AND SO IT BEGINS

And so it begins.....:

Finally, the season kicks off this weekend with the first round of Auskick on Saturday and Open and Modified games on Sunday. WGJFC is proud to be one of the few clubs in the Subiaco District that are fielding teams in all age groups in 2015. The teams all have solid numbers which should mean that not only will we be fielding teams across all age groups but from what we have seen at training there is plenty of talented youngsters learning how to play the game. All things being well the club will see plenty of finals action in the Opens grades this year and hopefully bring home a flag or two.

Some of the changes that you will notice have occurred in the off season include a new website that has improved functionality and presentation and works well on a smartphone. Another new initiative that you will see launched in the next couple of weeks is 'WGJFC App'. The club expects to have it live in the next few days and then will gradually upload content.

Finally please note that fixtures are only up for the first 2 games at this stage, competition organisers will add the rest over the next week or so. Parents should always check the fixtures the day before the game as sometimes they change. The WGJFC App will make all this so easy!

PRE-SEASON TRAINING 2015

Thanks to all the boys who took advantage of the Club Pre-season Training Sessions. It was great to again see the different ages come together and train as a club. A special mention must go to our Yr 11 Captain, Kaleb Kavanagh, who was a consistent attendee and contributor throughout the program. Kaleb provided much appreciated assistance running drills and mentoring the younger boys.

I'd like to wish everyone all the best for the upcoming season and remember practise picking up one bite, marking out in front and most of all have fun and listen to your coaches.

Bill Morris - Coaches Co-Ordinator

OUR CLUB AND TEAM CAPTAIN/S

In 2015 the WGJFC has initiated the appointment of permanent Captains and Vice Captains nominated by their respective playing group in Open rules. We are always proud of all of our players and the way that they individually play the game the Knights Way and we look forward to the on field and off field leadership of the young men they have chosen to lead them.

The club is delighted to announce the Club Captain and Captain of the Year 12 side for 2015 is Josh Cameron. Josh is a long time servant of the WGJFC and is well respected by his peers. He will be ably supported in his role by his Vice Captain Riley Hinkley and Deputy Vice Captain Nathan Torre. These boys being from the senior side in our club will lead the entire playing group for the season.



Riley Hinkley, Josh Cameron, Nathan Torre Deputy and Glen Hinkley

The 2015 Captain and Vice Captain/s of the Open teams are as follows:

YEAR	CAPTAIN	VICE CAPTAIN/S
7	Kai Jones, Jack Quinn-Schofield and Brodie Ginbey	Daniel Ashman, Jakob McArthur and Ethan Roth
8	Kyle Vance	Ethan Breen & Trey Kennedy
9	Isaac Clinch	Fionn Murphy & Daniel Hill
10	Kurt Hamilton	Corey Stephenson & Kris Tilley
11	Kaleb Kavanagh	Josh Langley

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WGJFC CHAMPION TEAM 2015

Once the season begins you will see in the clubroom and in communications around the club the WGJFC Champion Team Ladder. The Team ladder will identify the champion team across the club and will include all of the Open teams from Yr 7 up based on their win/loss and %.

The Ladder will be updated after each round and the winning team at the end of the Year will be the official WGJFC Champion team of 2015.

CLUB MERCHANDISE (AND CLUB SHIRTS)

Merchandise purchases or enquiries can be made at Ellersdale on Sundays from 9-11am and for Auskick on Saturdays from 0830- 0930hrs.

Official WGJFC shirts are provided to players as part of the building our club identity. All players are required to wear the official WGJFC shirt to game day and club/district functions. If a player outgrows their shirt the club will replace it without cost. The wearing of a WGJFC shirt is a matter of club recognition boys, wear it with pride. Please contact our Merchandise coordinator Helen on 0419 401 520 / wgifcmerch@gmail.com for further information or the club website <http://www.warwickgreenwoodjfc.org.au>

FIRST AID TRAINING

Club members, and particularly team First Aiders, interested in completing or refreshing their first aid qualification (Senior First Aid) should contact Helen at wgifcvc@gmail.com or 0419401520 to confirm upcoming training opportunities.

CONCUSSION

The WGJFC policy on concussion in 2015 is the same as it was in 2014...without exception. If a player is concussed they will sit out the next week's training and game and require a Doctors medical certificate to restart training/playing. If they incur a second concussion they will miss a further 3 weeks (and a Doctors certificate). A third concussion will result in the player sitting out for the rest of the season. The club prioritises player welfare first and foremost. Further details on the concussion policy can be found here:

http://www.warwickgreenwoodjfc.org.au/download/resources/insurance&_injuries/WGJFC%20Concussion%20Policy.pdf

COACH DEVELOPMENT

Over the past several months the Coaching group have had the opportunity to undertake further training and/or mentoring. On Thursday 23 April the club was lucky enough through its Swisse Quality Clubs Gold Club rating to have the West Coast Eagles Development Manager Gavin Bell provide a session to our coaching group.

Gavin gave a very well received presentation on the development work West Coast undertakes to bring on their young players. As a coach of his son's team he also brought his knowledge and experience down to the level that most of the coaching group work with.

Gavin was also genuinely excited to give something back to the club as he was a junior with the Warwick Junior Football Club whose name graces several honour boards. It was good to see not only where our club can start someone in the field of football but also that once they get there many like to give something back.

MOUTHGUARDS

A reminder to all players and parents that mouthguards are compulsory at training and on game day. If a player does not have a mouthguard they will be required to sit out the game or training (For the avoidance of doubt, if it is training the player can still grab a ball, run laps and practice kicking skills).

Gob Smacked Sports Mouth Guards did a great job on Gala Day organising almost 30 mouthguards. Gob Smacked are a **'Friend of the Knights'** and are very flexible in arranging fittings at short notice. They also offer a 10% discount for families with 2 or more members. Contact details and arrangements can be made via this link:

<http://www.gobsmackedsportsmouthguards.com.au/consulting-booking/>

PRESIDENTS FIRST WORD

As the season kicks off I would like to acknowledge all of the work done by committee members, coaches and managers across all age groups in getting things in order for a great start to 2015. As you will see from the newsletter there are several new initiatives that have been put in place since last year to hopefully contribute to an even better club experience and culture in 2015.

The importance of acknowledging and developing our young leaders has been recognised with the

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PRESIDENTS FIRST WORD (CONT)

appointment of Captains and Vice Captains across all Open Age groups. That these young men were nominated by their peers is a credit to the way in which all of the players at this club carry themselves and respect their team mates. Of note the confirmation of Josh Cameron as the WGJFC Inaugural Club Captain, reflects the fact that he is a solid, and hardworking young man who is respected not just by his teammates but by the whole club. Throughout the year these young leaders will be brought together from time to time to participate in leadership training and to be asked about what more the club can do to develop and sustain their teammates in 2015 and years to come. There will be more to follow on this as the year progresses.

As we go into the first round I would just like to reiterate the Knights Way of "**We run, we go for the ball, we tackle and we play for our team**". The Knights Way is how we want our players and teams to play and to be known for. The Knights Way must be instilled in all of players from the earliest day's (Auskick & Mods omit the tackle as appropriate) such that if they know nothing else when they are on the field they know that they must run, they must go for the ball, they must tackle and above all they must play the game for their teammates above all else.

This on field ethos is important because modern football is more and more a running game that means successful players must be fit, able to run to multiple contests and contest the ball for their teammates. By instilling the Knights Way as how we play the game as a club we are confident that if done it will lead to on field success. That said whilst we pursue on field success we also lose the right way by maintaining our fairness in play and respect for our opposition. How a player and a team handle losing is often a greater measure of the character of our people. At all times whilst we are building and are known for the Knights Way we will not do it at the cost to our people and clubs good reputation and character.

On the matter of volunteering. The club runs on its volunteers and each and every game has significant effort attached to its organisation and administration. Your team managers all have task lists of things that a team must do including assisting the club to run the canteen on game day.

PRESIDENTS FIRSTWORD(CONT)

I ask all parents that when roles are allocated to the parent group that you all take the opportunity to contribute to the game day experience and take on the allocated task to avoid a situation where most game day work in a team is left in the hands of a few. At the end of the day nothing rings truer than the old adage, many hands make light work.

For my final word at this time of the year it is out to the families and friends of players in your spectator and volunteering capacity. As a spectator we know you are passionate about what happens on-field, but it is important that as a parent group we support and are seen to support by our players the spirit of the game and respect for umpires. Above all else this means being respectful of the young people umpiring. In most cases they are only learning and will make mistakes, their performance will certainly not be helped or improve by criticisms and harassment from the sidelines.

If you are unhappy with someone or something raise it discreetly with your team manager and if something needs to be done they will raise it with the appropriate game or club official. If other clubs are disrespecting the umpires then it is something that the competition deals with including the possibility of deducting competition points. No team wants to play a game and then have points deducted because of the behaviour of their spectators.

Anyway, that's it for before the first bounce down in 2015. I wish all teams good luck for their opening rounds and all things being well look forward to hearing the Knights Club song of "*O when the Knights go marching in*" resounding around the northern suburbs this weekend and in the coming weeks and months.

Go the Knights!!



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WARWICK GREEN WOOD JUNIOR FOOTBALL CLUB 2015 SPONSORS



Warwick Greenwood JFC are delighted to announce **Clearline Plumbing and Gas** as a Sponsor of the club in season 2015. In their second year of sponsorship they have reaffirmed their commitment to the club in 2015. Clayton and Lyndel are based in Greenwood and are the pre-eminent Plumbing company in the area. Should you have the need for a Plumber please support our fantastic club sponsor Clearline Plumbing and Gas - contact them on 08 9243 7772 or check out their website at www.clearlineplumbingandgas.com.au

The WGJFC also acknowledges and thanks the Clubs previous sponsors for their continuing support which contributes to the success and achievements of the Club and its Players.

We encourage Club Members and their families to support these sponsors and are sure that if you mention that your child is a player at WGJFC that they will look after you.

The club has reviewed its sponsorship programme for 2015 over the off season and has refreshed its offering to promote the benefits of being a WGJFC **Sponsor** or **'Friend of the Knights'**.

The latter category **'Friend of the Knights'** is primarily focussed on smaller business and/or the self-employed & tradespeople to support the club as well as providing club members with the details of the clubs supporters if they are looking for goods and services in the local area.

If you are interested and/or know of some that might be interested in becoming a **Sponsor** or **'Friend of the Knights'** please contact Lincoln Rollo for further information.

Lincoln Rollo WGJFC President

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www.warwickgreenwoodjfc.org.au

Champion Club - Subiaco District 2014/2015